

Week: 1

Monday



Soup with small pasta

1

Turkey breast in rosemary sauce with fried potatoes and salad

2



Fruity-spicy asianoodles with salad



Fresh fruits

Tuesday



Cream of carrots with ginger

1

Small pasta with ham (turkey), salad

2



Fish fingers with rice, potato salad and ketchup



Fruit yogurt

Wednesday



Soup with sponge cake

1

Minced-meat patties with sauce, mashed potatoes and salad

2



"Spaetzle" with scrambled eggs and salad



Cereal bar

Thursday



Spaetzle drop soup

1

Beef cutlet with sauce, tagliatelle and salad

2



Sugared pancake with raisins and apple sauce



Chocolate cake

Friday



Semolina soup

1

Pizza with ham (turkey), salad

2



Vegetarian tortellini with herbal sauce and salad



Fresh fruits



soup of the day



vegetarian main course (no meat/fish)



dessert