




Week: 5

Monday


-  Cream of carrots

- 1 Asia-chicken-wok with basmati rice and salad


- 2  "Mohnnudeln" (poppy dumplings) with apple sauce


-  Fruit yogurt

Tuesday


-  Clear soup with sliced pancakes

- 1 Chicken frites with fries, ketchup and salad

- 2  Cauliflower-potato-patties with garlic dip and salad


-  Vanilla flan

Wednesday


-  Soup with small pasta


- 1 Fish fingers with rice, sour cream dip and salad

- 2 Turkey outlet with rice, sauce and salad


-  Fresh fruits

Thursday


-  Semolina soup

- 1  Spaghetti Bolognese (beef) with parmesan cheese and salad


- 2 Whole grain spaghetti with tomato sauce, parmesan and salad


-  "Streuselkuchen"

Friday

-  Cream of kohlrabi

- 1 Deep fried fish fillet with potatoes, yogurt-dip and salad

- 2  Curd pancakes with vanilla sauce

-  Fresh fruits



soup of the day



vegetarian main course (no meat / fish)



dessert